STAYING SAFE ONLINE

As parents and carers, you are best placed to support your children in navigating online safety.

Encourage positive experiences by:

- Building an open trusting relationship around technology and using devices in open areas of the home
- Co-playing with your children online and knowing what they are engaging with
- Building good habits and helping your child develop digital literacy skills
- Setting time limits that promote balance and empowering your child to make wise decisions
- Using available parental controls on devices, age restrictions and checking privacy settings

Be alert to early warning signs of distress and know where to go for support.

Call 1800 875 204
or visit www.steptogether.gov.au

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